



Leadership Challenge Course

ACKNOWLEDGMENT AND ASSUMPTION OF RISK

-----READ CAREFULLY BEFORE SIGNING-----

Many Georgia Tech Leadership Challenge Course programs, activities and workshops (hereto known as the COURSE) involve substantial risks, of injury, property damage and other danger associated with participation in such activities.

The COURSE consists of a variety of activities with many categorized as "high" elements – taking place from 4 feet off the ground up to 40 feet in height. The "high" components of the COURSE provide an opportunity for participants to walk across beams, cables, ropes, planks, and other obstacles. In addition, participants access the "high" areas by climbing a cargo-type net. Participants exit the "high" COURSE and obstacles by using a "Zip Line" – A pulley system that runs along a cable gradually to a distance off the ground in which they may be assisted down a ladder. Other parts of the COURSE programs, activities, and workshops involve "low" elements – taking place on the ground or less than four feet above the ground.

The risks of participating in COURSE programs, activities, and workshops include and are not limited to:

1. The hazards of walking/running over uneven terrain and slips and falls
2. The use of equipment needed for all of the activities we engage in including ropes, harnesses, helmets, belay devices, cables and other hardware
3. All manner of injury resulting from climbing on or falling off any apparatus and impacting against towers, cables, ropes, nets and/or wooden obstacles, whether permanently or temporarily in place, or the ground, or other people;
4. Rope or cable abrasion, entanglement, and other injuries resulting from activities in THE COURSE area such as, but not limited to, climbing, belaying, rappelling, zipping, lowering on rope or rescue systems, and any other rope techniques;
5. Injuries resulting from employee, volunteer, or participant or other human error,
6. Injuries resulting from falling participants or dropped items, such as, but not limited to, ropes or climbing and safety hardware, items from participants such as shoes, cell phones or other personal effects and other gear and equipment;
7. Cuts and abrasions resulting from skin contact with the towers, cables, ropes, decks, ground or other apparatus;
8. Failure of ropes, cables, connections, slings, harnesses, hardware, anchor points, holds, or any part of the structure.
9. Being struck by falling objects such as trees or hardware from the structure;
10. The forces of nature, including lightning and rapid weather changes and the risk of exposure to insect bites and extreme heat and sun exposure
11. My own physical condition and the physical exertion associated with some of the activities listed

Further-more, GT staff have difficult jobs to perform. They might be unaware of a participant's fitness or abilities. They might misjudge a situation. They may give incomplete warnings or instructions, and the equipment used might malfunction and fail and could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties.

I acknowledge that it would be impossible for GT staff to foresee and warn me of every conceivable thing that might go wrong.

Parts of this program can be physically demanding and the potential for injury to myself/my child exists even though safety systems are provided. I agree to assume, and bear the costs of all risks that may be created, directly or indirectly, by any medical condition that I/my child may have.

All of the program activities are strictly voluntary, and it is always the responsibility of the participant to limit his or her participation in any way he or she deems appropriate. I further understand that my minor child may not be able to adequately assess his/her ability to perform certain activities.

The Institute does not warrant or guarantee in any respect the competency or mental or physical condition of any COURSE staff, facilitator, or instructor, or individual participant in any programs, activities or workshops.

Georgia Tech may photograph and/or film me and/or my child and use said images for marketing and promotion purposes without compensation

I hereby acknowledge that the above list is not inclusive of all possible risks associated with the use of the COURSE and that the above list in no way limits the extent or reach of this document.

I have read the above notice carefully. In consideration of the benefits received, I hereby assume all risks of damages or injury, including death, that I may sustain while participating in or as a result of, or in any way growing out of any aforementioned activity, program or workshop, as well as travel to and from such activity.

The Board of Regents of the University System of Georgia does not provide insurance coverage for participants in Georgia Tech Leadership Challenge Course activities; each participant should carry his/her own accident and health coverage.

By signing below, I hereby certify that I am covered by an accident and health insurance policy that will be in effect at any time I am participating in the Institute related activities or programs.

I, the undersigned, recognize the dangers inherent with Georgia Tech Leadership Challenge Course activities. I am assuming the hazard of this risk upon myself. I realize I am subject to injury from this activity and that no form of preplanning can remove all of the danger to which I am exposing myself.

I further certify that my present age is _____ and I am therefore of lawful age (under 18 years must have signature of legal guardian) and otherwise legally competent to sign this agreement. I further understand that the terms of this agreement are legally binding and I certify that I am signing this agreement after having carefully read it.

Your signature below attests that you have read and understood the above sections of this form, that you have had time to ask questions pertaining to the activity, and that the information you have provided is truthful and accurate

Participant's Name (PLEASE PRINT):

GT#

Signature

Date:

Parent/Guardian Signature (If under 18):

Date:

Name of person to call in emergency

Phone:

RELEASE AND WAIVER OF LIABILITY AND COVENANT NOT TO SUE

-----READ CAREFULLY BEFORE SIGNING-----

The undersigned hereby acknowledges that participation in risk oriented programs and activities involves an inherent risk of property damage and/or bodily or personal injury, including death and assumes all risks. I further acknowledge that I have read and signed the attached Release and Assumption of Risk document.

The undersigned hereby agrees that for the sole consideration of the Georgia Institute of Technology allowing the undersigned to participate in these programs and activities for which or in connection with which the Institute has made available any facilities, equipment, grounds, or personnel for such programs, activities and/or workshops or to the undersigned while participating in any such programs or activities the undersigned does hereby release and forever discharge the Georgia Institute of Technology and the Board of Regents of the University System of Georgia, its members individually and its' officers/agents and employees of any and from all claims, demands, rights and causes of action of whatever kind or nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, resulting from any participation in any way connected with such programs, activities and/or workshops

I further covenant and agree that for the consideration slated above I will not sue the Institution, the Board of Regents of the University System of Georgia, its members individually, its' officers, agents, or employees for any claim for damages arising or growing out of any voluntary participation in above said activities. I understand that the acceptance of this release and covenant not to sue the Institution or the Board of Regents of the University System of Georgia shall not constitute a waiver in whole or in part, of sovereign or official immunity by said Board, its members, officers, agents, and employees.

I, the undersigned, recognize the dangers inherent with Georgia Tech Leadership Challenge Course activities. I am assuming the hazard of this risk upon myself. I realize I am subject to injury from this activity and that no form of preplanning can remove all of the danger to which I am exposing myself.

I further certify that my present age is _____ and I am therefore of lawful age (under 18 years must have signature of legal guardian) and otherwise legally competent to sign this agreement. I further understand that the terms of this agreement are legally binding and I certify that I am signing this agreement after having carefully read it.

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Participant's Name (PLEASE PRINT):

GT#

Signature

Date:

Parent/Guardian Signature (If under 18):

Date:

Name of person to call in emergency

Phone of emergency contact:

*Par-Q*₁ Medical/Physical Fitness Questionnaire

Participation in the GT Leadership Challenge Course involves moderate physical exertion. As such, you should read the questions below and answer YES or NO.

1. Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor?
2. Do you feel pain in your chest when you do physical activity?
3. In the past month, have you had chest pain when you were not doing physical activity?
4. Do you lose your balance because of dizziness or do you ever lose consciousness?
5. Do you have a bone or joint problem (for example, back, knee or hip) that could be made worse by a change in your physical activity?
6. Is your doctor currently prescribing drugs (for example, water pills) for your blood pressure or heart condition?
7. Do you have uncontrolled diabetes, epilepsy, or seizures
8. Are you pregnant or post-partum (less than 6 weeks since giving birth)
9. Have you ever had a kidney transplant? The safety harness will put pressure on your kidney.
10. Do you know of any other reason why you should not do physical activity?

IF YOU ANSWERED YES TO ANY QUESTION:

Talk with your doctor by phone or in person BEFORE you participate in the GT Leadership Challenge Course Program. Tell your doctor about the PAR-Q questions and which questions you answered YES.

Please note that people of every level physical fitness (including persons with physical and mental disabilities) have participated in Challenge Course programs. Having an above condition may not automatically exclude you from participating.

¹ The original PAR-Q was developed by the British Columbia Ministry of Health. It has been revised by an Expert Advisory Committee of the Canadian Society for Exercise Physiology chaired by Dr. N. Gledhill (2002).