

# Leadership Challenge Course

## Clothing Requirements

**\*All participants must adhere to the clothing requirements list.**

### **Footwear:**

- » Closed toe, tie on (with laces) shoes are REQUIRED.
- » Sneakers are best and highly suggested.
- » High heels, Teva sandals, flip flops, crocs, or any other type of sandal or slip-ons are not appropriate.
- » Participants without proper footwear will not be allowed to participate in the course.

### **Clothing:**

- » Clothing should be loose, comfortable, casual, and durable.
- » Athletic wear is best. Shorts and t-shirts are normal for warmer weather.
- » Yoga pants, jeans, athletic pants, sweatshirts, fleece, or a short winter coat are good for colder weather.
- » Long coats should be avoided.
- » Casual long pants are also ok any time of year.
- » If wearing shorts, we recommend they come down to or past mid thigh for comfort and discreteness from the safety harness. Avoid short shorts.
- » All jewelry must be removed prior to conducting high initiatives. This includes watches, bracelets, necklaces, rings, earrings (small studs are ok), face and body jewelry. There is no secured storage at the course, so it is best to leave jewelry at home.

### **Other Recommendations:**

- » Several light layers of clothing are better than one heavy layer if cold.
- » Hat/gloves for cold weather.
- » Bring a rain coat if it looks like its going to rain.
- » A fun positive attitude!

## **Eyewear/Glasses:**

- » Eyeglass wearers should take the necessary precautions to ensure their glasses do not fall by wearing a restraining strap or using contacts.
- » ORGT is not responsible for any damaged glasses or eyewear.

## **Prohibitions:**

- » **No gum or candy.** Because of the choking hazard, gum and candy are not allowed.
- » **No smoking.** For health consideration of others and to avoid damage to safety equipment, no smoking is allowed on the premise at any time.
- » **No alcoholic beverages.** For safety, no alcoholic beverages are allowed on the premise at any time.



*\*Participants must abide by all policies regarding the use of the premises and follow all instructions of the staff.*

*\*\*Georgia Tech reserves the right to refuse service to anyone and to take such an action as may be necessary in the event the organization or any participants is in violation of any of the forgoing guidelines and expectations.*